



ESGO Traveling Fellowship Fellows Report

Name of Fellow: Ramina Karimbayli

Position at Home Institution: 4th year Resident

Home Institution (full address): Department of Gynaecologic Oncology of the National Center of Oncology of the Ministry of Health of Azerbaijan, Baku city, H.Zardabi str., 79 B, AZ 1012

Head of the Department: PhD Dr. Aliyev Shamistan

Email: kerimbeyli89@mail.ru

Name of Mentor at Host Institution: Univ.-Prof. Dr. med. Ingo Runnebaum, MBA

Position at Host Institution: Director of the Clinic and Polyclinic for Gynaecology and Reproductive Medicine

Institution (full address): Center for Gynaecologic Oncology, University Women's Hospital Jena, Jena University Hospital, Friedrich-Schiller-University Jena, Am Klinikum 1, 07747, Jena, Germany

Email: direktion-gyn@med.uni-jena.de

Dates of Fellowship: 01.04. – 30.06.2018

Detailed description on Teaching received:

I have attended daily team meeting at 07: 30 in the morning. The agenda of the meetings varied daily and included educational presentations, discussion of ward patients, review of preoperative imaging and etc. Every Wednesday at 15:00 we had a Tumor conference with radiologist, medical oncologist and pathologist, where each cancer patient had an opportunity for multidisciplinary approach in treatment and follow up. I was allowed to attend the rounds in inpatient clinic and saw the preoperative and postoperative care of patients. The most important possibility for me was assistance in cytoreduction surgery (debulking procedures) for advanced stage ovarian cancer, laparoscopic (also Da Vinci robotic) radical surgery for cervical cancer, oncoplastic surgery of the breast (inkl. TRAM) and the vulva. I have spent most of my time in operating rooms, learning Tips and Tricks of oncological procedures. The most interesting were the special methods and equipment used by minimally invasive surgical management of early-stage cervical cancer. Sentinel lymph node biopsy and laparoscopic

(robotic) staging procedure are applicable for each patient with early-stage cervical cancer. Sentinel lymph node biopsy was also always performed for vulvar cancer patients. I have seen and assisted many operations for vulva with flap reconstructions. During debulking procedures I learned many surgical and anatomical tricks for total parietal peritonectomy with en bloc posterior pelvic resection.

Goals accomplished:

- Improved theoretical knowledge in tumor boards, discussions of rare cases and in review of preoperative imaging
- Improved my knowledge in topographic anatomy of abdomen and pelvis
- Assisted advanced open and radical laparoscopic oncological procedures
- Achieved skills in using modern laparoscopic equipment (3D laparoscopy and 4K Imaging System)
- Achieved skills in radical robotic surgery for cervical cancer
- Improved my German language skills

Achievement in clinical practice:

I improved my surgical skills and anatomy knowledge in debulking procedures for advanced stage ovarian cancer, I was allowed to operate myself (under control of the surgeon) some steps of this procedure. I achieved skills in radical laparoscopic surgery for cervical cancer using Da Vinci robotic system and 3D Optics for paraaortic and pelvic lymphadenectomy. I improved my knowledge in perioperative care and follow up of cancer patients.

Presentations eg. at seminar or meetings:

ESGO-ENYGO-ESO Masterclass in Gynaecologic Oncology, June 14-16, Warsaw, Poland
13. Mamma-OP-Workshop, June 21-22, Jena, Germany

Research performed and outcome:

No

Publications:

No

Problems encountered with a critical evaluation of the fellowship experience as a whole:

No

Future plan on returning to home:

Being a resident doctor I always think of continued medical education as a gist of medical practice. I want to learn more in my favorite field. The skills that I have gained from this fellowship are applicable to my day-to-day practice. I would be happy to share with Azerbaijani doctors and apply in my practice the knowledge obtained from German colleagues.

Overall evaluation and comment of the fellowship:

First of all I want sincerely thank the ESGO Fellowship and Accreditation committee for choosing me and giving this great opportunity to work 3 months in ESGO Training Center! Special thanks to dear Helena Opolecka for her help and kindness!

I want to express my deep gratitude to Prof. Dr. med. Ingo Runnebaum for his invitation and supporting during my fellowship. He was always open to share with me his knowledge and experience.

Personal thanks to Dr. med. Herbert Diebolder (Coordinator of Center for Gynaecologic Oncology) for his big patience and friendliness!

Big thanks to all Team and the Secretary for this friendly atmosphere that you all have given to me during 3 months of my fellowship!!!

In Baku, Azerbaijan

Date 24.07.2018

Applicant's name: RAMINA KARIMBAYLI

Signature:



Enjoy learning with ESGO!