

## **ESGO Traveling Fellowship Fellows Report**

**Name of Fellow:** Piotr Lepka

Position at Home Institution: Senior assistant specialist in ObGyn, fellow in gynaecology oncology

Home Institution (full address): Lower Silesian Oncology Center, Hirszfelda 12 square, 53-413 Wrocław, Poland

Head of the Department: Dr n. med. Barbara Rossochacka-Rostalska

Email: piotrllepka@yahoo.pl

**Name of Mentor at Host Institution:**

Position at Host Institution: Assoc Prof. Kristina Lindemann, MD PhD;

Institution (full address): Oslo University Hospital, Norwegian Radium Hospital, Department of Gynaecologic Oncology, Division of Cancer Medicine, Ullernchausseen 70, 0379 Oslo, Norway

Email: klinde@ous-hf.no

**Dates of Fellowship:** 04.09.2017-04.10.2017

**Detailed description on Teaching received:**

From the first day of my stay at the Radiumhospital, I was involved in all daily activities of the gynaecology oncology team.

Each week on Mondays and Tuesdays I attended to the morning radiological meetings, where we discussed treatment strategies for the presented patients. These meetings were very valuable for me due to the very high standard of the comprehensive and open discussions based not only on well-known national recommendations but also newest scientific publications. The big effort made by doctors to tailor treatment of the individual case was extraordinary.

On Wednesdays I attended to multidisciplinary tumor boards where all new ovarian cancer patients were discussed.

After these meetings mentioned above I participated twice a week in the robotic assisted gynaecological procedures. I could utilize the extra console of Da Vinci Robot so I could follow all steps of the procedure with the eyes of the operating surgeon. During each procedure we had valuable conversations covering all technical aspects. As a result I learned many "Tips and Tricks" which I will definitely apply to my daily practice.

The Radiumhospitalet is also equipped with "Skills Simulator for da Vinci Si". I enjoyed unlimited access to it and after the regular working hours, I continued there performing various practical exercises.

During the other days of the week I had the chance to attend as a first or second assistant to open surgical procedures in advanced stage of ovarian cancer and some sarcoma cases.

My activity was not only limited to the clinic. I had numerous valuable conversations with doctor Kiristina Lindemann about principles of high standard scientific work. I learned how to build the proper scientific project with full respect of design, statistics and outcomes. Doctor Lindemann was very helpful and devoted time helping me to improve my writings skills. Supervised by dr. Lindemann I drafted a concept outline for a feasibility study on the use of tDCS in the treatment of cognitive dysfunction after chemotherapy which we are planning to conduct in collaboration between our institutions.

**Goals accomplished :**

- achieved robot assisted laparoscopic skills
- assisted advanced open surgery procedures
- improved research skills
- established a future collaboration on the scientific project
- improved in multidisciplinary approach in treatment of gynaecological oncology patients

**Achievement in clinical practice:**

I was able to accomplish my initial goal in exposure for robotic assisted laparoscopy. During my fellowship, sentinel node procedure for endometrial or cervical cancer was not fully established, and I was therefore not able to observe any such procedure performed with minimal invasive technique

**Presentations eg. at seminar or meetings:**

I attended the “ State of the art in ovarian cancer” Grand Hotel Oslo. 18.09.2017  
I did not prepare any presentation during my visit.

**Research performed and outcome:**

Draft of scientific concept outline: “The effect of Transcranial Direct Current Stimulation on cognitive changes in patients undergoing chemotherapy”  
This project is still under evaluation and future collaboration between our Institutions is planned.

**Publications:**

No publication was drafted during this period of time

**Problems encountered with a critical evaluation of the fellowship experience as a whole:**

I found no problems during my stay. The whole team at the Radiumhospital was very friendly and willing to help. Great people in the right place. The atmosphere was brilliant and my fellowship was an incredible good experience for me.

**Future plan on returning to home:**

I will continue scientific collaboration with Dr.Lindemann according to complete the scientific project.


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I will implement new surgical skills in to my daily practice.

**Overall evaluation and comment of the fellowship:**

I would like to take this opportunity to thank Dr.Birgisdottir, Dr.Chaudhary, Dr.Fallås-Dahl, Dr.Dorum, Dr.Elstrand, Dr.Eriksson, Dr.Eyjólfsdóttir, Dr.Kvile, Prof. Kristensen, Dr.Kox, Assoc Prof. Lindemann, Dr.Mjoen-Vigeland, Dr.Paulsen, Dr.Rokkones, Dr.Rolfen, Dr.Sert, Dr. Skeie-Jensen, Dr.Solheim, Dr.Turzer, Dr.Vilming, Dr.Waage, Dr.Wang and Mrs. Solbakken for all your help and together work during my fellowship. Throughout this time I felt that you were very supportive / professional and kept me motivated at all times. Once again a very BIG thank you! I would certainly recommend ESGO Travelling Fellowship in Radiumhospital to all who are interested in gynaecology oncology.

In Date 30.10.2017

Piotr Lepka    Signature: 

**Enjoy learning with ESGO!**