



## **ESGO Traveling Fellowship Fellows Report**

**Name of Fellow:** Eleftherios G. Klonos

Position at Home Institution: Research Fellow in Gynecologic – Oncology Department

Home Institution (full address): Aristotle University of Thessaloniki 1<sup>st</sup>.Department of Obstetrics and Gynecology General Hospital Papageorgiou

Head of the Department: Prof. Grigoris F. Grimbizis

Email: le.klonos@gmail.com

**Name of Mentor at Host Institution: Dr. Dr. med. Mustafa Zelal Muallem**

Position at Host Institution: Deputy Director

Institution (full address): Klinik für Gynäkologie mit Zentrum für onkologische Chirurgie, Charite – Universitätsmedizin Berlin.

Email: Mustafa-Zelal.Muallem@charite.de

**Dates of Fellowship: 3 Months: December 2017 January 2018 February 2018**

### **Detailed description on Teaching received:**

Even from the first day of my fellowship I felt as a member of the department and was allowed to take part in the whole daily schedule. The operation team of the director Prof. Sehouli is very experienced, well educated and talented in dealing with difficult and rare cases in gynecologic oncology and this is one of the reasons why it is correctly considered as a centre of excellence.

Especially the deputy Director of the department Dr. Muallem was very helpful, excellent educated and extremely talented operator, who helped me understand very well the anatomical relationships in the upper and lower abdomen due to the high anatomical knowledge and the excellent surgical skills, which he has. Operations such as Complete Debulking and especially his method of complete deperitonealization and en bloc resection, which was really impressing, laparoscopic nerve – sparing radical hysterectomy for Cervical Cancer, Laparoscopic Hysterectomy and Pelvic and Paraortal Lymphadenectomy for Endometrial Cancer, Radical Vulvectomy and

Lymphadenectomy in Vulva Cancer, took place every day in Charite – Campus Virchow Klinikum. I had the opportunity to participate in all of these operations and I was very grateful that Dr. Muallem and his team were always available to explain me every step and to answer my questions.

**Goals accomplished:**

My goal was to improve my knowledge and my experience in the Gynecologic Oncology and especially in the treatment of rare cases. In addition I also improved my skills and my experience in laparoscopic operations of gynecological malignancies. According to me this department and this stuff was the most appropriate for achieving my goals.

**Achievement in clinical practice:**

1. I was involved to the operations as a first or a second assistant.
2. Improved skills of using surgical instruments.
3. Understanding of surgical anatomy and vessel variations
4. Improved skills in laparoscopic surgery
5. Management and Postoperative Follow up of complicated and rare cases.
6. Staging of endometrial, cervical and vaginal cancer.

**Presentations eg. at seminar or meetings:**

1. Masterclass of Ovarian Cancer
2. GynOnko ECHO ESGO 2018 – NOGGO

**Research performed and outcome:**

1. Operative Approach of Bulky Cervical Cancer with Tumor Size over 4cm
2. Laparoscopic Approach of Pelvic Lymphadenectomy vs Pelvic Radiation in Vulva Cancer.

**Publications:** To be published

1. Operative Approach of Bulky Cervical Cancer with Tumor Size over 4cm
2. Laparoscopic Approach of Pelvic Lymphadenectomy vs Pelvic Radiation in Vulva Cancer.

**Problems encountered with a critical evaluation of the fellowship experience as a whole:**

There was no problem regarding the fellowship

**Future plan on returning to home:**

I intend to apply all the skills and the experience, which I received in Charite – Campus Virchow Klinikum for a proper and effective management in Gynecological Malignancies in the Department, where I used to work as a research fellow. All these theoretical and surgical skills will help me to start my career in Gynecologic Oncology and even more to improve the patient care.

**Overall evaluation and comment of the fellowship:**


First of all I would like to thank ESGO and Helena Opolecka for giving me the opportunity visiting such an extremely qualified and organized Centre. In addition I would like to thank Professor Sehouli and his team for their help and their knowledge. They do a great job in the field of gynecologic oncology and the operation of the team is exemplary. Especially I am very grateful for my mentor (Dr. Muallem) for filling me with enthusiasm for gynecological Oncology. His operation talent and his research ideas are unique and also the reasons for making me try to become even better in managing and treating Patients with Gynecological Cancer.

ELEFThERIOS G.KLONOS

Date: Thessaloniki, Greece 02/03/2018

Applicant's name (in capital letters)

Signature:



**Enjoy learning with ESGO!**