



## **ESGO Traveling Fellowship Fellows Report**

**Name of Fellow:** Mr. Saurabh Phadnis

Position at Home Institution: Subspecialty Fellow in Gynaecological Oncology

Home Institution (full address): Department of Gynaecological Oncology, Bartshealth NHS Trust, Royal London Hospital, Whitechapel Road, Whitechapel, London E11BB

Head of the Department: Mr. Arjun Jeyarajah

Email: arjun.jeyarajah@bartshealth.nhs.uk

**Name of Mentor at Host Institution: Prof. Andreas Du Bois**

Position at Host Institution: Director of Gynaecology and Gynaecological Oncology

Institution (full address): Department of Gynaecology and Gynaecological Oncology, Kliniken Essen-Mitte, Henricistr. 92, 45136 Essen, Germany

Email: prof.dubois@googlemail.com

**Dates of Fellowship:** 01/03/2018 – 30/04/2018

### **Detailed description on Teaching received:**

I visited Kliniken Essen-Mitte between 1<sup>st</sup> March and 30<sup>th</sup> April 2018 under the auspices of Prof. Du Bois and Dr. Phillip Harter. During the week, I had opportunity to attend daily team meeting in the morning. The agenda of the meetings varied daily and included educational presentations, discussion of ward patients, review of preoperative imaging, preparation for tumour conference and multidisciplinary meeting (every Friday). Most of the time, after the morning meeting, was spent in the operating theatre. I had opportunity to scrub with the team and assist in cytoreduction surgery for advanced stage ovarian cancer. The team was conducive to intraoperative discussion which helped me understand their decision making. I have gained further knowledge and emphasis on a systematic approach to cytoreduction surgery. I have learnt the “sandwich technique” of diaphragm stripping. I also had opportunity to observe resection of mediastinal lymph nodes. Additional experience was gained in use of ICG in colorectal anastomosis and sentinel lymph node detection.

**Goals accomplished:**

1. Gain knowledge of health care system in Germany
2. Gain further experience in specific surgical technique in
  - Multivisceral resection in cytoreduction surgery for advanced stage ovarian cancer
  - Stripping of diaphragm peritoneum “Sandwich Technique”
  - Resection of supradiaphragmatic lymph nodes
3. Establish Academic link between Barts and Essen

**Achievement in clinical practice:**

Experience gained in surgical management of advanced ovarian cancer with focus of specific surgical techniques involving multivisceral resections and excision of mediastinal lymph nodes.

**Presentations eg. at seminar or meetings:**

2 abstracts submitted to the IGCS meeting, Kyoto

**Research performed and outcome:**

1. Study of prognostic value of p53 tumour expression in advanced stage high grade serous ovarian cancer – Abstract submitted to IGCS, further on going collaboration
2. Study of primary debulking surgery in stage 4 ovarian cancer – Abstract submitted to IGCS, further on going collaboration

**Publications:**

Manuscripts under preparation on the above projects

**Problems encountered with a critical evaluation of the fellowship experience as a whole:**

None

**Future plan on returning to home:**

On return to UK, I have been appointed as Consultant Gynaecological Oncologist at Barts Health NHS Trust, Royal London Hospital. I aim to extend the ultraradical surgical service for ovarian cancer which is already established at our centre, with an aim for ESGO certification. Also plan to continue academic collaboration with Prof. Du Bois' team at Essen.

**Overall evaluation and comment of the fellowship:**

My experience in Essen was excellent and will help me step up my surgical performance upon return to UK. I would certainly recommend visiting this “Centre of Excellence” for any future trainees wishing to “fine-tune” their surgical skills. Thank you Prof. Du Bois, Dr. Philipp Harter and all your team for having me at your centre.

In

Date 03/05/2018

Applicant's name (in capital letters) **SAURABH PHADNIS**

Signature:



**Enjoy learning with ESGO!**