

Psycho-oncology **Recommended Literature** **Updated July 2026**

• **Introduction to Psychooncology**

- Andersen BL et al. Management of Anxiety and Depression in Adult Survivors of Cancer: ASCO Guideline Update. JCO 41, 3426-3453(2023). DOI:10.1200/JCO.23.00293
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- Butow P et al. (2015). Clinical pathway for the screening, assessment and management of anxiety and depression in adult cancer patients. Psycho-Oncology 2015 24, 987–1001. [https://doi: 10.1002/pon.3920D](https://doi.org/10.1002/pon.3920D)
- Fann JR, Ruark J, Sharpe M. Delivering Integrated Psychosocial Oncology Care: The Collaborative Care Model. I Breitbart W et al. (Eds) Psycho-Oncology (4 edn) Oxford University Press, 2021. <https://doi.org/10.1093/med/9780190097653.003.0049>
- Holland J. (2018) Psycho-oncology: Overview, obstacles and opportunities. PsychoOncology <https://doi.org/10.1002/pon.4692>

• **Distress**

- Lam, WT et al. Distress, the Sixth Vital Sign: A Catalyst for Standardizing Psychosocial Care Globally. In: Breitbart W et al. (eds), Psycho-Oncology, 4 edn (2021; online edn, Oxford Academic), <https://doi.org/10.1093/med/9780190097653.003.0100>,
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• **Coping**

- Fang, J., Yuan, C. & Suksatit, B. Patient-reported emotional responses and coping mechanisms in cancer recurrence: a systematic review of qualitative evidence. Support Care Cancer 33, 604 (2025). <https://doi.org/10.1007/s00520-025-09643-y>
- Saita E, Acquati C, Kayser K. Coping with early stage breast cancer: examining the influence of personality traits and interpersonal closeness. Front Psychol. 2015;6:88– 96. pmid:25699003
- Secant E, Tometich DB, Johns SA, Mosher CE. The relationship between acceptance of cancer and distress: A meta-analytic review. Clin. Psychol. Rev. 2019;71:27–38. pmid:31078056
- Traa MJ, de Vries J, Bodenmann G, den Ouden B. Dyadic coping and relationship functioning in couples coping with cancer: A systematic review. Brit J Health Psychology 2015, 20,1: 85-114.<https://doi.org/10.1111/bjhp.12094>
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• Interventions 1

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- Xiang, L., Wan, H. & Zhu, Y. Effects of cognitive behavioral therapy on resilience among adult cancer patients: a systematic review and meta-analysis. *BMC Psychiatry* 25, 204 (2025). <https://doi.org/10.1186/s12888-025-06628-3>
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• Interventions 2

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- Badr H, Krebs P. A systematic review and meta-analysis of psychosocial interventions for couples coping with cancer. *Psychooncology*. 2013, 22(8):1688-704. doi: 10.1002/pon.3200. Epub 2012 Oct 9.
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• Interventions 3

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• Interventions 4

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