

List of Recommended literature

Updated 09/2025

1. GMP

- ESGO Textbook, Platinum Edition/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

2. Clinical Cancer Genetics

- ESGO Textbook, Platinum Edition/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

3. Systemic Therapy

- Ledermann JA, Matias-Guiu X, Amant F, et al. ESGO-ESMO-ESP consensus conference recommendations on ovarian cancer: pathology and molecular biology and early, advanced and recurrent disease. *Ann Oncol*. 2024 Mar;35(3):248-266. doi: 10.1016/j.annonc.2023.11.015. Epub 2024 Feb 1. PMID: 38307807.
- Concin N, Matias-Guiu X, Vergote I, et al. ESGO/ESTRO/ESP guidelines for the management of patients with endometrial carcinoma. *Int J Gynecol Cancer*. 2021 Jan;31(1):12-39. doi: 10.1136/ijgc-2020-002230. Epub 2020 Dec 18. PMID: 33397713.
- Cibula D, Raspollini MR, Planchamp F, et al. ESGO/ESTRO/ESP Guidelines for the management of patients with cervical cancer - Update 2023. *Int J Gynecol Cancer*. 2023 May 1;33(5):649-666. doi: 10.1136/ijgc-2023-004429. PMID: 37127326; PMCID: PMC10176411.
- Oonk MHM, Planchamp F, Baldwin P, et al. European Society of Gynaecological Oncology Guidelines for the Management of Patients with Vulvar Cancer - Update 2023. *Int J Gynecol Cancer*. 2023 Jul 3;33(7):1023-1043. doi: 10.1136/ijgc-2023-004486. PMID: 37369376; PMCID: PMC10359596.
- Nout RA, Calaminus G, Planchamp F, et al. ESTRO/ESGO/SIOPe Guidelines for the management of patients with vaginal cancer. *Int J Gynecol Cancer*. 2023 Aug 7;33(8):1185-1202. doi: 10.1136/ijgc-2023-004695. PMID: 37336757.
- Ray-Coquard I, Casali PG, Croce S, et al. ESGO/EURACAN/GCIG guidelines for the management of patients with uterine sarcomas. *Int J Gynecol Cancer*. 2024 Oct 7;34(10):1499-1521. doi: 10.1136/ijgc-2024-005823. PMID: 39322612.

4. Radiotherapy

- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

- ESGO/ESTRO/ESP guidelines for the management of patients with endometrial carcinoma - PubMed (nih.gov)

5. Pathology

- WHO Classification of Tumours 5th Edition 2020

6. Palliative and Supportive care

- Di Saia and Creasman, Clinical Gynaecologic Oncology. Chapter 19 :Palliative Care and Quality of Life

7. Peri-operative care

- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)
- Nelson G, et al. Guidelines for perioperative care in gynecologic/oncology: Enhanced Recovery After Surgery (ERAS) Society recommendations—2019 update
- Nelson G, et al. Enhanced recovery after surgery (ERAS®) society guidelines for gynecologic oncology: Addressing implementation challenges - 2023 update
- Altman AD, et al. Guidelines for vulvar and vaginal surgery: Enhanced Recovery After Surgery Society recommendations

8. Urological Surgery

- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

9. Plastic Surgery

- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

10. Radiology

- Timmerman D, Planchamp F, Bourne T, et al. ESGO/ISUOG/IOTA/ESGE Consensus Statement on pre-operative diagnosis of ovarian tumors. Int J Gynecol Cancer. 2021 Jul;31(7):961-982. doi: 10.1136/ijgc-2021-002565. Epub 2021 Jun 10. PMID: 34112736; PMCID: PMC8273689.
- Fischerova D, Planchamp F, Alcázar JL, et al. ISUOG/ESGO Consensus Statement on ultrasound-guided biopsy in gynecological oncology. Int J Gynecol Cancer. 2025 Apr;35(4):101732. doi: 10.1016/j.ijgc.2025.101732. Epub 2025 Mar 21. PMID: 40121152.
- Timmerman D, Valentin L, Bourne TH, Collins WP, et al. Terms, definitions and measurements to describe the sonographic features of adnexal tumors: a consensus opinion from the International Ovarian Tumor Analysis (IOTA) Group. Ultrasound Obstet Gynecol. 2000 Oct;16(5):500-5. doi: 10.1046/j.1469-0705.2000.00287.x. PMID: 11169340.

- Leone FP, Timmerman D, Bourne T, et al. Terms, definitions and measurements to describe the sonographic features of the endometrium and intrauterine lesions: a consensus opinion from the International Endometrial Tumor Analysis (IETA) group. *Ultrasound Obstet Gynecol.* 2010 Jan;35(1):103-12. doi: 10.1002/uog.7487. PMID: 20014360.
- Fischerova D. Ultrasound scanning of the pelvis and abdomen for staging of gynecological tumors: a review. *Ultrasound Obstet Gynecol.* 2011 Sep;38(3):246-66. doi: 10.1002/uog.10054. PMID: 21898632.

11. Research, Methodology

- Kenneth J. Rothman, Krista F. Huybrechts, and Eleanor J. Murray. *Epidemiology, An Introduction*, Third Edition. ISBN: 9780197751541
- Timothy L. Lash, Tyler J. VanderWeele, Sebastien Haneuse, Kenneth J. Rothman. *Modern Epidemiology*, Edition: 4. ISBN/ISSN: 9781451193282
- Lisa M. Sullivan. *Essentials of Biostatistics for Public Health*. Jones & Bartlett Learning, 2022. ISBN 1284231976, 9781284231977

12. Sexual Health

- Bober 2016 How to ask and what to do A Guide for Clinical Inquiry and INtervention regarding Female Sexual Health after Cancer
- Carter 2018 Interventions to Address Sexual Problems ASCO guidelines
- Coady 2016 Sexual Health in Women Affected by Cancer - Focus on Sexual Pain
- Huffman 2016 Sexual health gyn cancer survivors Review and clinical guide
- Sinno 2020 HRT gyn cancer clinical practice statement

13. Psycho-oncology

- Introduction to Psychooncology
 - Andersen BL et al. Management of Anxiety and Depression in Adult Survivors of Cancer: ASCO Guideline Update. *JCO* 41, 3426-3453(2023).
 - DOI:10.1200/JCO.23.00293
 - Breitbart W, Butow Ph, Jacobsen P. *Psycho-Oncology* (4 edn) (2021). Oxford University Press.
 - Butow P et al. (2015). Clinical pathway for the screening, assessment and management of anxiety and depression in adult cancer patients. *Psycho-Oncology* 2015 24, 987–1001. [https://doi: 10.1002/pon.3920D](https://doi.org/10.1002/pon.3920D)

- Fann JR, Ruark J, Sharpe M. Delivering Integrated Psychosocial Oncology Care: The Collaborative Care Model. I Breitbart W et al. (Eds) Psycho-Oncology (4 edn) Oxford University Press, 2021. <https://doi.org/10.1093/med/9780190097653.003.0049>
- Holland J. (2018) Psycho-oncology: Overview, obstacles and opportunities. Psycho-Oncology <https://doi.org/10.1002/pon.4692>

· Distress

- Lam, WT et al. Distress, the Sixth Vital Sign: A Catalyst for Standardizing Psychosocial Care Globally. In: Breitbart W et al. (eds), Psycho-Oncology, 4 edn (2021; online edn, Oxford Academic), <https://doi.org/10.1093/med/9780190097653.003.0100>,
- Luijckes-Huizer YL, Tauber NM, Humphris G, et al. What is the prevalence of fear of cancer recurrence in cancer survivors and patients? A systematic review and individual participant data meta-analysis. Psychooncology. 2022 Jun;31(6):879-892. doi: 10.1002/pon.5921. Epub 2022 Apr 7. PMID: 35388525; PMCID: PMC9321869.
- Lazenby, M., Tan, H., Pasacrete, N. et al. The Five Steps of Comprehensive Psychosocial Distress Screening. Curr Oncol Rep 17, 22 (2015). <https://doi.org/10.1007/s11912-015-0447-z>
- Riba MB, Donovan KA, Ahmed K et al. NCCN Guidelines® Insights: Distress Management, Version 2.2023. J Natl Compr Canc Netw. 2023 May;21(5):450-457. doi: 10.6004/jnccn.2023.0026. PMID: 37156476.
- Yang, Y., Li, W., Wen, Y., Wang, H., Sun, H., Liang, W., Zhang, B., & Humphris, G. (2019). Fear of cancer recurrence in adolescent and young adult cancer survivors: A systematic review of the literature. Psycho-Oncology, 28(4), 675–686. <https://doi.org/10.1002/pon.5013>

· Coping

- Saita E, Acquati C, Kayser K. Coping with early stage breast cancer: examining the influence of personality traits and interpersonal closeness. Front Psychol. 2015;6:88–96. pmid:25699003
- Secant E, Tometich DB, Johns SA, Mosher CE. The relationship between acceptance of cancer and distress: A meta-analytic review. Clin. Psychol. Rev. 2019;71:27–38. pmid:31078056
- Traa MJ, de Vries J, Bodenmann G, den Ouden B. Dyadic coping and relationship functioning in couples coping with cancer: A systematic review. Brit J Health Psychology 2015, 20,1: 85-114. <https://doi.org/10.1111/bjhp.12094>
- Sun Young Rha, Su Kyung Song, Jiyeon Lee. Self-efficacy for coping with cancer and quality of life in advanced gastric cancer patients. European Journal of Oncology Nursing, 58, 2022, 102120, <https://doi.org/10.1016/j.ejon.2022.102120>.

- Cwik, JC, Vaganian L, Bussmann S, et al. Assessment of coping with cancer-related burdens: psychometric properties of the Cognitive-Emotional Coping with Cancer scale and the German Mini-mental Adjustment to Cancer scale. *Journal of Psychosocial Oncology Research and Practice* 3(1):p e046, January-March 2021. | DOI: 10.1097/OR9.0000000000000046

· Interventions 1

- Caruso R et al. Supportive psychotherapy in cancer. In: Breitbart et al. (Eds) *Psycho-Oncology* (4th edn) 2021 DOI:10.1093/med/9780190097653.003.0052
- Coutino-Escamilla et al. Non-pharmacological therapies for depressive symptoms in breast cancer patients: Systematic review and meta-analysis of randomized clinical trials. *Breast* 2019;44(9213011):135-143. doi:10.1016/j.breast.2019.01.006
- Semenenko E, Banerjee S, Oliver I, Ashinze P. Review of psychological interventions in patients with cancer. *Support Care Cancer*. 2023 Mar 13;31(4):210. doi: 10.1007/s00520-023-07675-w. PMID: 36913136.
- Kalter J, Verdonck-de Leeuw IM, Sweepers MG, et al. Effects and moderators of psychosocial interventions on quality of life, and emotional and social function in patients with cancer: An individual patient data meta-analysis of 22 RCTs. *Psychooncology*. 2018;27(4):1150-1161. doi:10.1002/pon.4648
- Kapogiannis A et al. Investigating the Effects of the Progressive Muscle Relaxation-Guided Imagery Combination on Patients with Cancer Receiving Chemotherapy Treatment: A Systematic Review of Randomized Controlled Trials. *Explore* 2018 14(2):137-143. doi: 10.1016/j.explore.2017.10.008.
- Sanjida S et al. Are psychological interventions effective on anxiety in cancer patients? A systematic review and meta-analyses. *Psychooncology*. 2018;27(9):2063-2076. doi:10.1002/pon.4794
- Warth M et al. Psychosocial Interventions for Pain Management in Advanced Cancer Patients: a Systematic Review and Meta-analysis. *Curr Oncol Rep* 22, 3 (2020). <https://doi.org/10.1007/s11912-020-0870-7>
- Ye M et al. A meta-analysis of the efficacy of cognitive behavior therapy on quality of life and psychological health of breast cancer survivors and patients. *Psychooncology*. 2018;27(7):1695-1703. doi:10.1002/pon.4687

· Interventions 2

- Applebaum AJ, Breitbart W. Care for the cancer caregiver: a systematic review. *Palliat Support Care*. 2013 Jun;11(3):231-52. doi: 10.1017/S1478951512000594.
- Badr H, Krebs P. A systematic review and meta-analysis of psychosocial interventions for couples coping with cancer. *Psychooncology*. 2013, 22(8):1688-704. doi: 10.1002/pon.3200. Epub 2012 Oct 9.

- Frambes D et al. Informal caregivers of cancer patients: review of interventions, care activities, and outcomes. *West J Nurs Res.* 2018 Jul;40(7):1069-1097. doi: 10.1177/0193945917699364.
- Ma H, Yang Y, Li Y, Cariola L, Gillanders D. Effectiveness of Psychological Interventions in Improving Relationship Functioning Among Couples Coping With Prostate Cancer: A Systematic Review and Meta-Analysis. *Psychooncology.* 2025 Jan;34(1):e70080. doi: 10.1002/pon.70080. PMID: 39804293; PMCID: PMC11728261.
- Zaider TI, Kissane DW. Psychosocial Interventions for Couples and Families Coping with Cancer. In: Breitbart et al (eds) *Psychooncology* (4rd edn). Oxford University Press 2021. <https://doi.org/10.1093/med/9780190097653.003.0061>

· Interventions 3

- Archer S, Buxton S, Sheffield D. The effect of creative psychological interventions on psychological outcomes for adult cancer patients: a systematic review of randomised controlled trials. *Psychooncology.* 2015 24(1) :1-10. doi: 10.1002/pon.3607
- Boing, L. et al. Dance as treatment therapy in breast cancer patients – a systematic review. *Revista Brasileira De Atividade Física & Saúde*, 2017, 22(4), 319–331. <https://doi.org/10.12820/rbafs.v.22n4p319-331>
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- Haller H et al. Mindfulness-based interventions for women with breast cancer: an updated systematic review and meta-analysis, *Acta Oncologica* 2017, <http://dx.doi.org/10.1080/0284186X.2017.1342862>
- Li, Y. et al. The effectiveness of music therapy for patients with cancer: A systematic review and meta-analysis. *Journal of Advanced Nursing*, 2020, 76(5), 1111–1123. <https://doi.org/10.1111/jan.14313>
- Nesterova D, Zhu J, Kramer C, et al. Group-led creative writing and behavioural health in cancer: a randomised clinical trial. *BMJ Support Palliat Care.* 2021 Jan 9;bmjspcare-2020-002463. doi: 10.1136/bmjspcare-2020-002463. Epub ahead of print. PMID: 33423021.

· Interventions 4

- Holtmaat K et al. Long-term efficacy of meaning-centered group psychotherapy for cancer survivors: 2-Year follow-up results of a randomized controlled trial. *Psychooncology.* 2020; 29(4): 711–718. doi: 10.1002/pon.5323.

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- Chochinov HM, Kreidentser M. Dignity Therapy. In: Breitbart W et al. (eds), Psycho-Oncology, 4 edn (2021). <https://doi.org/10.1093/med/9780190097653.003.0063>,
- Rodin G et al Managing Cancer and Living Meaningfully (CALM): A Randomized Controlled Trial of a Psychological Intervention for Patients With Advanced Cancer. J Clin Oncol. 2018 Aug 10;36(23):2422-2432. doi: 10.1200/JCO.2017.77.1097.
- Van der Spek, N. et al. Efficacy of meaning-centered group psychotherapy for cancer survivors: A randomized controlled trial. Psychological Medicine, 2017, 47(11), 1990-2001. doi:10.1017/S0033291717000447
- Xiao, J. et al. Effects of dignity therapy on dignity, psychological well-being, and quality of life among palliative care cancer patients: A systematic review and meta-analysis. Psycho-Oncol, 2019, 28:1791–1802. <https://doi.org/10.1002/pon.516>

14. Ovarian and Tubal Cancer

- [ESGO-ESMO-ESP consensus conference recommendations on ovarian cancer: pathology and molecular biology and early, advanced and recurrent disease – PubMed \(nih.gov\)](#)
- European Society of Gynaecological Oncology guidelines for the peri-operative management of advanced ovarian cancer patients undergoing debulking surgery - PubMed (nih.gov)
- ESGO/ISUOG/IOTA/ESGE Consensus Statement on pre-operative diagnosis of ovarian tumors - PubMed (nih.gov)
- Cancer of the ovary, fallopian tube, and peritoneum: 2021 update - PubMed (nih.gov)
- Newly diagnosed and relapsed epithelial ovarian cancer: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up - PubMed (nih.gov)
- Risk reduction and screening of cancer in hereditary breast-ovarian cancer syndromes: ESMO Clinical Practice Guideline - PubMed (nih.gov)
- [Homologous recombination deficiency in ovarian cancer: Global expert consensus on testing and a comparison of companion diagnostics](#)
- [ISUOG/ESGO Consensus Statement on ultrasound-guided biopsy in gynecological oncology](#)
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

15. Uterine Cancer

- ESGO/ESTRO/ESP guidelines for the management of patients with endometrial carcinoma - PubMed (nih.gov)
- Endometrial cancer: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up - PubMed (nih.gov)
- ESGO/ESHRE/ESGE Guidelines for the fertility-sparing treatment of patients with endometrial carcinoma - PubMed (nih.gov)
- FIGO staging of endometrial cancer: 2023 - Berek - 2023 - International Journal of Gynecology & Obstetrics - Wiley Online Library
- [ESGO/EURACAN/GCIG guidelines for the management of patients with uterine sarcomas – PubMed \(nih.gov\)](#)
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

16. Cervical Cancer

- ESGO/ESTRO/ESP Guidelines for the management of patients with cervical cancer - Update 2023 -
- PubMed (nih.gov)
- European Society of Gynaecological Oncology quality indicators for surgical treatment of cervical
- cancer – PubMed (nih.gov)
- ESGO/ESTRO quality indicators for radiation therapy of cervical cancer - PubMed (nih.gov)
- The new (Version 9) American Joint Committee on Cancer tumor, node, metastasis staging for cervical
- cancer (wiley.com)
- Cancer of the cervix uteri: 2021 update - PubMed (nih.gov)
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)
- Lorusso D, Xiang Y, Hasegawa K, et al. Pembrolizumab or placebo with chemoradiotherapy followed by pembrolizumab or placebo for newly diagnosed, high-risk, locally advanced cervical cancer (ENGOT-cx11/GOG-3047/KEYNOTE-A18): a randomised, double-blind, phase 3 clinical trial. Lancet. 2024 Apr 6;403(10434):1341-1350. doi: 10.1016/S0140-6736(24)00317-9. Epub 2024 Mar 20. PMID: 38521086.

- Ramirez PT, Robledo KP, Frumovitz M, et al. Laparoscopic Approach to Cervical Cancer (LACC) Trial: Final Analysis on Overall Survival Comparing Open Versus Minimally Invasive Radical Hysterectomy for Early-Stage Cervical Cancer. J Clin Oncol. 2024 May 29;42(16):e1-e6. doi: 10.1200/JCO.23.02335.

17. Vaginal Cancer

- ESTRO/ESGO/SIOPE guidelines for the management of patients with vaginal cancer, Nout et.al. IJGC 2023
- Cancer of the vagina: 2021 update – PubMed (nih.gov)
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

18. Vulvar Cancer

- Fischerova D, Gatti E, Culcasi C, Ng Z, Szabó G, Zanchi L, Burgetova A, Nanka O, Gambino G, Kadajari MR, Garganese G; Collaborators. Ultrasound assessment of lymph nodes for staging of gynecological cancer: consensus opinion on terminology and examination technique. Ultrasound Obstet Gynecol. 2025 Feb;65(2):206-225. doi: 10.1002/uog.29127. Epub 2024 Nov 8. PMID: 39513930; PMCID: PMC12133214.
- Fischerova D, Garganese G, Reina H, Fragomeni SM, Cibula D, Nanka O, Rettenbacher T, Testa AC, Epstein E, Guiggi I, Frühauf F, Manegold G, Scambia G, Valentin L. Terms, definitions and measurements to describe sonographic features of lymph nodes: consensus opinion from the Vulvar International Tumor Analysis (VITA) group. Ultrasound Obstet Gynecol. 2021 Jun;57(6):861-879. doi: 10.1002/uog.23617. PMID: 34077608.
- Fischerova D, Planchamp F, Alcázar JL, Dundr P, Epstein E, Felix A, Frühauf F, Garganese G, Haldorsen IS, Jurkovic D, Kocian R, Lengyel D, Mascilini F, Stepanyan A, Stukan M, Timmerman S, Vanassche T, Ng ZY, Scovazzi U. ISUOG/ESGO Consensus Statement on ultrasound-guided biopsy in gynecological oncology. Ultrasound Obstet Gynecol. 2025 Apr;65(4):517-535. doi: 10.1002/uog.29183. Epub 2025 Mar 21. PMID: 40114523; PMCID: PMC11961111.
- European Society of Gynaecological Oncology Guidelines for the Management of Patients with Vulvar Cancer - Update 2023 - PubMed (nih.gov)
- FIGO staging for carcinoma of the vulva: 2021 revision - Olawaiye - 2021 - International Journal of Gynecology & Obstetrics - Wiley Online Library
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

19. Gestational Trophoblastic disease

- **Practical** clinical guidelines of the EOTTD for treatment and referral of gestational trophoblastic disease.

- **Gestational** trophoblastic disease: ESMO Clinical Practice Guidelines for diagnosis, treatment **and** follow-up.
- Diagnosis and management of gestational trophoblastic disease: 2021 update (wiley.com)
- Textbook/Articles | ESGO eAcademy by European Society of Gynaecological Oncology (ESGO)

20. Miscellaneous

- ESGO Textbook
- ESGO Textbook of Cancer in Pregnancy
- ESGO eAcademy
- Gynecologic cancers in pregnancy: guidelines based on a third international consensus meeting -PubMed (<https://pubmed.ncbi.nlm.nih.gov/31435648/>)
- ESGO/INCIP Guidelines for the management of patients with gynecological cancers during pregnancy (<https://pubmed.ncbi.nlm.nih.gov/40707270/>)
- ESGO/ESHRE/ESGE Guidelines for the fertility-sparing treatment of patients with endometrial carcinoma (<https://pubmed.ncbi.nlm.nih.gov/36746507/>)
- Fertility-sparing treatment and follow-up in patients with cervical cancer, ovarian cancer, and borderline ovarian tumours: guidelines from ESGO, ESHRE, and ESGE (<https://pubmed.ncbi.nlm.nih.gov/39216500/>)
- Risk reduction and screening of cancer in hereditary breast-ovarian cancer syndromes: ESMO Clinical Practice Guideline (<https://pubmed.ncbi.nlm.nih.gov/36307055/>)

21. Additional resources

Staging:

- AJCC Cancer Staging Manual 2017
- Cancer of the vagina: 2021 update - Adams - 2021 - International Journal of Gynecology & Obstetrics - Wiley Online Library
- FIGO staging for carcinoma of the vulva: 2021 revision) FIGO staging for carcinoma of the vulva: 2021
- revision - Olawaiye - 2021 - International Journal of Gynecology & Obstetrics - Wiley Online Library)
- FIGO staging of endometrial cancer: 2023 - Berek - 2023 - International Journal of Gynecology & Obstetrics - Wiley Online Library
- The new (Version 9) American Joint Committee on Cancer tumor, node, metastasis staging for cervical
- cancer
- Cancer of the cervix uteri: 2021 update - PubMed (nih.gov)
- Cancer of the ovary, fallopian tube, and peritoneum: 2021 update - PubMed (nih.gov)

ERAS

- Guidelines for perioperative care in gynecologic/oncology: Enhanced Recovery After Surgery (ERAS)

- Society recommendations-2019 update - PubMed (nih.gov)
- European Society of Gynaecological Oncology guidelines for the peri-operative management of
- advanced ovarian cancer patients undergoing debulking surgery - PubMed (nih.gov)