



ESGO Traveling Fellowship Fellows Report

Name of Fellow: Dr Kanika B Modi

Position at Home Institution: Consultant, Gynaecologic Oncology

Home Institution (full address): Max Institute of Cancer Care, Saket, New Delhi

Head of the Department: Dr Harit Chaturvedi

Email:

Name of Mentor at Host Institution: Dr Philipp Harter

Position at Host Institution: Director, Gynaecologic Oncology

Institution (full address): Kliniken Essen Mitte

Email:

Dates of Fellowship: 21.08.2019 to 14.09.2019

Detailed description on Teaching received:

It's a great department with 7 consultants headed by Prof Andreas du Bois as director and Dr Harter as deputy director and 11 trainees. All consultants are very highly accomplished in the field, excellent surgeons and very academically inclined. The whole aura of the department is of achieving excellence through detailed discussion and taking utmost care of all patients.

The centre has many ongoing trials and Prof and Dr Harter along with the team have published some landmark trials in gynaecologic oncology in the recent past.

During my stay I had a great interactive learning with everyone in the department from morning tumor boards to academic classes and case discussions. I scrubbed in everyday, five days a week, in one to three cases sometimes as first or sometimes as second assistant. It's a high volume centre with about 5-6 cases everyday.

Goals accomplished :

During my stay I had an insightful time learning the following thin :

- Principles of staging and cytoreducing cancer ovary in a very standarlised way
- techniques – sandwich peritonectomy
- removal of cardiophrenic lymph nodes
- removal of mesenteric and bowel deposits using bipolar scissors
- porta dissection
- suprarenal compartment dissection
- lesser omentectomy
- bowel resection – LAR, Hemicolectomy and ICG testing
- Vulvar cancer surgery and excellent cosmesis (Dr prader is an expert at vulvar flaps) and sentinel lymph node evaluation using Technetium and ICG

Achievement in clinical practice

Learnt a methodical way to see patients, discuss them in tumor board and take a decision after detailed review of radiology, pathology etc .

Learnt ways and indications of genetic testing, pretest and post test counseling for BRCA

Post-operative care, role of ERAS in management of gynaecologic oncology patients

Presentations eg. at seminar or meetings:

There was a great international conference – Master of Disaster that was organized by KEM hospital during my stay with faculty from all over Europe and USA. It was a fantastic meeting spanning over 3 days with live surgical workshp on first day and lectures, panels and interactive discussions on the the next 2 days.

Research performed and outcome:

Nil

Publications:

I will be focusing on a study on ERAS and LARS in my home country after getting inputs from my host institute.

Problems encountered with a critical evaluation of the fellowship experience as a whole:

none

Future plan on returning to home:

Already had a detailed discussion with a list of learning points with my fellow colleagues and will be using all the techniques learnt in clinical use.

Will be starting trials on a couple of topics as mentioned above

ESGO Traveling Fellowship, Fellows Report, January 2014

Overall evaluation and comment of the fellowship:

It was an incredible experience with some amazing people!

It's one of the best institutes for gynae oncology and everyone is extremely friendly. I would sincerely recommend the place to anyone who wants to enhance their skills in the subject.

I would thank all the faculty, Ms Helena and ESGO for giving me this opportunity to hone my skills. I will be putting them to use in treating patients in a better way in my country.

In

Date 23.9.2019

Applicant's name (in capital letters) DR KANIKA BATRA MODI

Signature:

Enjoy learning with ESGO!