



ESGO Traveling Fellowship Fellows Report

Name of Fellow: Stefanie Aust, MD, PhD

Position at Home Institution: Junior Consultant

Home Institution (full address): Medical University of Vienna, Department of Gynecology and Gynecologic Oncology, Währinger Gürtel 18-20, 1090 Vienna, Austria

Head of the Department: Univ. Prof. Dr. Dr. h.c. Heinz Kölbl

Email: stefanie.aust@meduniwien.ac.at

Name of Mentor at Host Institution: Prof. Isabelle Ray-Coquard, MD, PhD

Position at Host Institution: Professor

Institution (full address): Centre Léon Bérard, 28, Rue Laennec, 69373 Lyon, France

Email: isabelle.ray-coquard@lyon.unicancer.fr

Dates of Fellowship:

April to June 2019, followed by another 3 months of clinical experience without additional ESGO-funding until October 2019

Detailed description on Teaching received:

I am very thankful for the chance to become part of the team of Prof. Isabelle Ray-Coquard during my Fellowship at the Centre Léon Bérard in Lyon, France.

Followed by a period of observation and teaching, I had the possibility to participate actively in the multidisciplinary care of gynecologic oncology patients and to get an insight in the treatment of rare gynecological tumors. As ESGO fellow, I was enabled to participate in the daily activities of this cancer center and to work under the supervision of Prof. Isabelle Ray-Coquard. This allowed me to improve my skills in the oncological care of cancer patients, ranging from oncologic consultations, decision planning, therapy monitoring of standard treatment, patient selection and treatment in clinical trials as well as discussions in interdisciplinary tumor boards. I also thankfully assisted in oncological surgeries in the beginning of the fellowship and was impressed by the surgical skills of Dr. Pierre Méeus who is

dedicated to ovarian cancer and sarcoma surgery, but then I focused on a medical oncology training as my aim was to improve my skills in this area.

Goals accomplished :

-) Detailed insight in the treatment of rare tumors, including a weekly active participation in the “rare-tumors” tumor board. Additionally, presentation of cases in the gynecological tumorboard as well as sarcoma tumor board.
-) Integration in the clinical routine and active participation in the oncological care of patients with gynecological tumors.
-) Insight into the integration of clinical trials in clinical routine in a dedicated cancer center

Achievement in clinical practice:

-) enhancement of knowledge in clinical oncology
-) learning about how to improve the management of rare tumors by establishing a comprehensive, multidisciplinary, nation-wide tumor board (example: www.ovaire-rare)
-) better understanding of the management of patients in clinical trials as well as immunotherapy-related side effects
-) self confidence in decision making

Presentations eg. at seminar or meetings:

Case presentation at the EURACAN international tumor board

Research performed and outcome:

Focus was on clinical trials

Publications:

Manuscript on rare tumors in preparation

Problems encountered with a critical evaluation of the fellowship experience as a whole:

None

Future plan on returning to home:

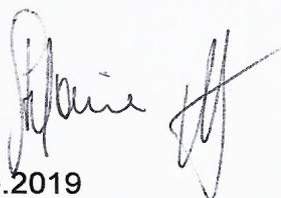
Following this fellowship, I will have the chance to take over the position of Dr. Edgar Petru as Austrian representative of the ENGOT rare tumour working group, allowing a continuation of a collaboration with Prof. Isabelle Ray-Coquard – driving force in this European Network. I hope to further enhance my activities in the field of clinical trials, as I believe that it's an important and growing part of our gynecological oncology patient care.

Overall evaluation and comment of the fellowship:

I can only encourage young gynecologic oncologists to get further training abroad; this includes not only surgical training but also insights in the oncological care of our patients in different clinical settings. The Centre Léon Bérard is a referral and reference center for cancer care, internationally recognized for the treatment of rare tumors and from my own experience I have to add: a center dedicated to teaching and training. I was amazed by the warm welcome of the complete clinical team, ranging from doctors, to study nurses / coordinators as well as secretaries (always patiently correcting my dictations as the digital voice recording had difficulties with my German accent). If you speak French and are eager to learn more on rare tumors as well as clinical trials management, I can recommend applying for a respective ESGO fellowship in the team of Prof. Ray-Coquard. If you have the chance to extend your stay after your fellowship you will profit even more as it takes time to get used to a completely different clinical setting, language and clinical routine.

Applicant's name: Stefanie AUST, MD, PhD

Signature:



Date: 03.10.2019

Enjoy learning with ESGO!