



ESGO Traveling Fellowship Fellows Report

Name of Fellow: Saken Serikov

Position at Home Institution: Gynecologic oncology fellow

Home Institution (full address): Division of Gynecologic Oncology and Radical Pelvic Surgery, Almaty SEMA Hospital, Nauryzbai Batyr str. 31, Kazakhstan

Head of the Department: Murat Kairbayev

Email: gyononcology.saken@gmail.com

Name of Mentor at Host Institution: Professor Jailed Sehouli

Position at Host Institution: Director of clinic

Institution (full address): Klinik für Gynäkologie mit Zentrum für onkologische Chirurgie, Charite - Universitätsmedizin Berlin

Email: jalid.sehouli@charite.de

Dates of Fellowship: 1 April 2019 - 30 June 2019

Detailed description on Teaching received:

I have written this report to European Society of Gynecological Oncology, being a gynecological oncology fellow and a member of women health care system. I remember the first day of meeting with professor Jailed Sehouli who is not only world recognized expert in the treatment of ovarian cancer but also is a novelist. During my fellowship at Charite, I felt myself as a member of department and felt full responsibility for patients there. From the beginning of my visit to clinic, I was involved in many educational and informative events. It started with "11th International Charite Mayo Conference". There we had a chance to discuss with my colleagues around the world on the topics of Gynecologic Oncology and endometriosis cases, which women pathologies are responsible for gynecologic diseases. Moreover, there were informative Live Surgeries on cancer patients with a different cancer pathologies.

Every day I started my work by attending morning conference at 7-30 at Charite. All postoperative and preoperative patients were discussed in the morning meeting. Even though the language of discussion was German, I had an opportunity to ask questions and learn details of all the exceptional and interesting cases. Every doctor whom I have met at the clinic was helpful and kind. The fellowship gave me an opportunity to become friends with my International colleagues with whom I can learn and share my knowledge. I am grateful to Dr. Muallem, Dr. Chekerov, Dr. Armbrust, Dr. Inci, Dr. Pietzner, Dr. Braicu, Dr. Alavi, Dr. Sara Nasser and all the young doctors who were very helpful during my time there. In the operation theatre I learnt about new techniques of surgical treatments of gynecological cancer patients, such as total deperitonealization, liver mobilization, intestine surgery in ovarian cancer and laparoscopic surgery techniques.

I was part of doctors who did consultation outpatients and examine postoperative and preoperative inpatients. Every Tuesday clinic organized Tumor Conference to discuss all cases in Charite Clinic and other Berlin clinics gynecological oncology cases were discussed as well. By visiting ambulatory chemotherapy department, I was informed about the latest research projects on new clinical trials in Gynecological oncology by top scientists of the world.

I had unique opportunities to assist and collaborate with leading European gynecologic oncology surgeons at Charite, one of the biggest University clinic of Europe.

Goals accomplished :

My goals were to increase my knowledge in ovarian cancer management and to shape bilateral collaboration with European counterpart. Furthermore, I would like to organize educational seminar and training courses for Kazakhstani doctors.

Achievement in clinical practice:

1. Patient-Physician relations.
2. Steps of Debulking surgery in advanced stage ovarian cancer.
3. Organizing of Gynecological Oncology management aspects
4. Understanding of surgical anatomy.
5. Psychologic support aspects of cancer patients.

Presentations eg. at seminar or meetings:

There were two conferences of NOGGO (Nord-Ostdeutsche Gesellschaft für Gynäcologische Onkologie) which were organized by Professor Sehouli. Conferences were dedicated for ovarian cancer management. At conferences, we had a chance to discuss about chemotherapy care, supportive care and psychologic aspects of ovarian cancer patients.

Research performed and outcome:

No academic research was performed

Publications:

No publication was performed

Problems encountered with a critical evaluation of the fellowship experience as a whole:

Everyone in Charite were more than happy to help.

Future plan on returning to home:

I wish to specialize in debulking surgery and developing multidisciplinary patient-care at our clinic.

Overall evaluation and comment of the fellowship:

I enjoyed every moment spent at Charite.

In

Date 31.07.2019

Applicant's name SAKEN SERIKOV

Signature:

Enjoy learning with ESGO!